
Paul William Grutter, M.D.

Curriculum Vitae

Personal Information

Name: Paul William Grutter
Work Address: Southern Sports Medicine
570 Hartsville Pike
Gallatin, TN 37066
Phone: (615)452-3320
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Board Certification

American Board of Orthopaedic Surgery
Certified 7/28/2006 – 12/31/2016

Subspecialty Certification

Orthopaedic Sports Medicine
American Board of Orthopaedic Surgery
Certified 11/9/2007 – 12/31/2017

Professional Work History

2009-Present

Attending Orthopaedic Surgeon

Sumner Regional Medical Center
555 Hartsville Pike, Gallatin, TN 37066

2008-2009

Assistant Team Physician - Baltimore Orioles

Camden Yards, Baltimore, MD 21201

2008-2009

Assistant in Orthopaedic Surgery / Shoulder Fellow

Division of Sports Medicine
Johns Hopkins Department of Orthopaedic Surgery
10753 Falls Road, Suite 215, Lutherville, MD 21093

2007-2008

Chief Orthopaedic Surgeon

48th Combat Support Hospital
Forward Operating Base - Salerno, Afghanistan

2004-2008

Attending Orthopaedic Surgeon

Major, USAF, MC
1st Medical Group (ACC) SGOSO
Langley AFB, VA 23665-2080

Education

2008 – 2009:

Shoulder and Elbow Fellowship

The Johns Hopkins University
Baltimore, Maryland

1999 – 2004:

Orthopaedic Surgery Residency

Wayne State University / Detroit Medical Center
Detroit, Michigan

1995 – 1999:

Medical Degree

University of Missouri-Columbia School of Medicine
Columbia, Missouri

1991 – 1995:

Bachelor of Science

Truman State University,
Kirksville, Missouri
Major: Chemistry, Minor: Biology
Graduated cum laude

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Professional Affiliations

1999 to Present:	American Academy of Orthopaedic Surgeons
1999 to Present:	Society of Military Orthopedic Surgeons
2008 to Present:	American College of Sports Medicine
1996 to Present:	American Medical Association
1991 to Present:	Alpha Chi Sigma

Professional Training

2007	ACI certification Genzyme Biosurgery
2007	Advanced Cardiac Life Support
2006	Basic Life Support
2004	Advance Trauma Life Support
2001	Microsurgery Certification

Publications

Grutter PW, McFarland EG, Zikria BA, Dai Z, Petersen SA. *Techniques for suture anchor removal in shoulder surgery*. Am J Sports Med, 2010;38:1706-10.

Johansen JA, Grutter PW, McFarland EG, Petersen SA. *Acromioclavicular injuries: indications for treatment and treatment options*. J Shoulder Elbow Surg, 2011;20,S70-S82

Petre BM, MD, Grutter PW, Rose DM, Belkof SM, McFarland EG, MD; Petersen SA. *Triceps Tendons: A Biomechanical Comparison of Intact and Repaired Strength* J Shoulder and Elbow Surgery, 2011;20:213-218.

Grutter PW, Petersen SA. *Anatomic Acromioclavicular Ligament Reconstruction: A Biomechanical Comparison of Reconstructive Techniques of the Acromioclavicular Joint*. Am J Sports Med. 2005;33:1723-8

Grutter PW, Markel DC. *Tips of the Trade: Simple Techniques for Passing Suture Through Bone*. Am J Orthop 2005;34:47-48

Grutter PW, DeSilva GL, Meehan RE, DeSilva SP. *The Accuracy of Distal Posterior Interosseous and Anterior Interosseous Nerve Injection*. J Hand Surg 2004;29A:865-870

Presentations

2009:	Johns Hopkins Grand Rounds: <i>Combat Orthopaedics</i> . Podium presentation. Johns Hopkins, Baltimore, MD. January 15, 2009
2004:	<i>Anatomic Acromioclavicular Reconstruction: A Biomechanical Comparison of Reconstructive Techniques of the Acromioclavicular Joint</i> .

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Podium presentation. Detroit Academy of Orthopaedic Surgery, Troy, MI. May 10, 2004.

2002: *The Accuracy of Distal Posterior Interosseous and Anterior Interosseous Nerve Injection. A tool for pre-operative outcome assessment for wrist denervation.* Podium presentation. American Association for Hand Surgery Annual meeting, Kauai, Hawaii. January 8-11, 2003.

2002: *Wolter Plate Fixation of Acromioclavicular Separations and Distal Clavicle Fractures.* Podium presentation, Society of Military Orthopaedic Surgeons Annual Meeting, December 9-14, San Diego, California. Poster presentation, 9th ICSS, May 2-5, 2004, Washington, DC

Honors and Recognition

Medical

2008 Army Commendation Medal recipient for meritorious achievement and meritorious service during Operation Enduring Freedom Jan 3, 2008 to May 17, 2008 Forward Operating Base – Salerno, Afghanistan.

2008 Air Force Commendation Medal for outstanding achievement and meritorious service to the United States Air Force. 29 September 2004 – 15 July 2008.

2004: Research Award recipient. Wayne State University Annual Research Day, June 9, 2004

2003: Resident/Fellows Award recipient; American Association for Hand Surgery Annual Meeting, Kauai, Hawaii, January 8-11, 2003

Military

2008 NATO Medal for service in relation to ISAF Operation

2008 US Air Force Afghanistan Campaign Medal with Bronze Star in recognition of service in support of Operation Enduring Freedom

2008 US Army Combat Action Badge in recognition of Soldiers personally engaged by the enemy.

2008 Air Force Expeditionary Service Ribbon with Gold Border

2008 National Defense Service Medal

2007 Air Force Outstanding Unit Award

1995 Honor Flight: USAF Officer Training School

Undergraduate

1994: NCAA Division II All-American Linebacker (CM-Frank)

1994: Team Captain *Truman State University Football*

1994: 1st Team Mid-America Intercollegiate Athletics Association All-Conference Linebacker

1994: *TSU Athletic Leadership Award*

1994: *TSU Linebacker of the Year*

1993: *TSU Special Teams Player of the Year*

1992 – 1994: *MIAA Conference All-Academic Football Team*